


Get breakfast & brunch all-day with our signatures & western classics.

CAFE & EATERY

Add: Fries 80 / Sweet Potato Fries 100

Avocado on Toast  180
Smashed avocado on a slice of sourdough topped with cooked cherry tomatoes & mushrooms. Add: Egg 20 • Bread 40 • Avocado 70 • Bacon (3 pcs) 80 • Sausages (2 pcs) 100

Champion Breakfast 220
2 slices of Bacon, 2 scrambled eggs, roasted potatoes, cherry tomatoes & mushrooms with a slice of sourdough. Add: Egg 20 • Bread 40 • Avocado 70 • Bacon (3 pcs) 80 • Sausages (2 pcs) 100


3 Eggs Any Style 150
Three eggs any style served on sourdough with home-made strawberry jam & butter. Add: Bread 40 • Avocado 70 • Bacon (3 pcs) • 80 Smoked Salmon 80 • Sausages (2 pcs) 100

Bacon, Egg & Avocado 230
Breakfast wrap consists of bacon with fluffy scrambled eggs, salad and avocado wrapped in a tortilla. Add: Avocado 70 • Bacon (3 pcs) • Sausages (2 pcs) 100

Mediterranean Chicken 240
Grilled chicken, homemade hummus & garlic yoghurt sauce, salad, avocado, tomato, pickled red cabbage, house paprika mayo dip. Add: Avocado 70 • Bacon (3 pcs) 80

Chicken & Bacon Wrap 280
Grilled Chicken & Bacon in a tortilla with fresh healthy salad, avocado, tomato, cucumber and homemade mayo with a side of paprika mayo dip. Add: Avocado 70 • Bacon (3 pcs) 80

Avocado Salmon on Toast 250
Cream cheese spread on toasted sourdough, topped with smoked salmon & avocado slices. Add: Egg 20 • Bacon 80 • Smoked Salmon 80

Garden Omelette  160
3 eggs, broccoli, mushrooms, carrot & tomatoes & sourdough bread. Add: Bread 40 • Cheese 50 • Avocado 70 • Bacon (3 pcs) 80 • Sausages (2 pcs) 100

Sausage & Egg Muffin 230
Two sausages in an English muffin, scrambled or fried egg, lettuce & tomato. Ketchup/ HP brown sauce on side. Add: Avocado 70 • Bacon (3pcs) 80

Prawn Mayo Wrap 280
Fresh locally caught prawns wrapped in a tortilla with house mayonnaise, carrots, red pickled cabbage, tomato & lettuce with a side of paprika mayo dip.

Salmon Cream Cheese Wrap 280
Smoked Salmon & cream cheese with dill, spread on our tortilla wrap with carrots, red pickled cabbage, tomato, lettuce and a side of paprika mayo dip.

Chicken Caesar Wrap 220
Grilled chicken breast, crisp romaine lettuce, and shaved parmesan, all tossed in creamy Caesar dressing and wrapped in a soft tortilla. Add: Bacon 80

Overnight Oats   150
Oats soaked overnight with chia seeds, topped with seasonal fruits – ask our staff for the flavour of the week. Add: Extra Fruit 60


Eggs Benedict  160
English muffin topped with 2 poached eggs & our house made hollandaise sauce. Add: Avocado 70 • Bacon (3pcs) 80 • Smoked Salmon 80


Sausage & Egg Sandwich 230
2 sausages in sourdough slices with scrambled or fried egg, lettuce & tomato. Ketchup/ HP brown sauce on side. Add: Avocado 70 • Bacon (3pcs) 80



Falafel Wrap   250
Homemade Falafel wrapped in a tortilla with homemade tahini sauce, lettuce, carrot, pickled red cabbage, pickles & peppers. Add: Hummus 50 • Avocado 70

Tofu Scramble Wrap   190
Vegan soft tortilla filled with seasoned scrambled tofu and our house made vegan sauce. Add: Hummus 50 • Avocado 70

Plant Meat Wrap   250
Plant-based vegan meat in a tortilla with vegan mayo, carrots, red pickled cabbage, tomato, lettuce, side of vegan mayo dip. Add: Hummus 50 • Avocado 70

The Hub Pancakes  180
Freshly made pancakes with oats, eggs & banana. Topped with coconut yoghurt, fruit & our homemade coconut caramel sauce. Add: Pea Protein 40 • Vanilla or Chocolate Protein 60

Protein Pancakes  250
Oat pancakes with vanilla whey isolate, banana, eggs, almond milk. Coconut yoghurt, blueberries, creamy peanut butter, coconut & almond flakes. Calories: ~ 616 kcal, Protein: ~47 g, Carbs: ~51 g, Fat: ~27 g

Sourdough Spread   170
Homemade Peanut Butter or Nutella on sourdough bread topped with seasonal fruit, almonds & coconut flakes and a side of caramel sauce.

BAGELS & SANDWICHES

All bagels & sandwiches are sourdough & toasted when served. Add: Fries 80 / Sweet Potato Fries 100



Salmon Cream Cheese 260
Smoked salmon and cream cheese with dill spread on a toasted bagel.



Avocado & Egg Bagel  200
Smashed avocado and scrambled eggs served on a toasted bagel.

Bacon & Egg Bagel 220
Bacon, egg, lettuce & tomato on toasted bagel. Side of HP Brown sauce / Ketchup.

Chicken Cheddar Bagel 240
Tender chicken breast, sharp cheddar cheese, fresh tomato, and a touch of light mayo on toasted bagel. Add: Egg 20

Sausage & Egg Bagel 230
Sausage patties, egg, lettuce & tomato. Side of HP Brown sauce / Ketchup. Add: Avocado 70 • Bacon (3pcs) 80

Tofu Scramble Bagel 210
Toasted Bagel with scrambled tofu and spinach.  

Mediterranean Bagel 190
Toasted bagel spread with creamy hummus, topped with avocado, cucumber, fresh spinach, and a sprinkle of za'atar.  

Tuna Sandwich 220
Creamy tuna, light mayo, lemon, black pepper, served on toasted sourdough with crisp lettuce, tomato, cucumber.

The Hub Sandwich 280
Chicken, bacon, cheese, lettuce, tomato, mayo on freshly toasted sourdough bread. Add: Egg 20

SMOOTHIE & YOGHURT BOWLS

Fresh smoothie bowls are served with homemade granola, seasonal fruits, coconut flakes, goji berries and chia seeds

Add: Peanut Butter 30 / Pea Protein 40 / Extra Fruit: 60

Acai Super Food Bowl - 220
Our acai is made with blueberry, banana, coconut milk, coconut yoghurt and shavings. Add: Pea Protein 40 • Vanilla or Chocolate Protein 60

Mango Passion Fruit Bowl - 200
Fresh mango with passion fruit, banana, coconut milk, coconut yoghurt and shavings. Add: Pea Protein 40 • Vanilla or Chocolate Protein 60

Chocolate Peanut Butter Bowl - 200
Cacao powder with our homemade peanut butter, coconut milk and coconut yoghurt. Add: Pea Protein 40 • Vanilla or Chocolate Protein 60

Vanilla Protein Yoghurt Bowl - 220

Home made coconut yoghurt mixed with vanilla protein, topped with our homemade granola, seasonal fruits and superfood seeds.

Super Green Bowl - 220

Fresh dates, matcha, spinach, kale, banana, coconut milk, coconut yoghurt and shavings. Add: Pea Protein 40 • Vanilla or Chocolate Protein 60

Yoghurt Granola Bowl - 160

Homemade yoghurt topped with our homemade granola, seasonal fruits & superfood sources. Add: Pea Protein 40 • Vanilla or Chocolate Protein 60

ADD-ONS & EXTRAS

Can be added to any dish on the menu

One Egg 20
Jam 20
Sourdough Bread 40
Avocado 70
Cheddar Cheese 50
Parmesan Cheese 50
Hummus 50

Falafel (x 4) 100
Chicken 60
Bacon (x 3) 80
Sausage (x 2) 100
Prawns 80
Smoked Salmon 80
Cream Cheese 80

Fries 80
Sweet Potato Fries 100
Potato & Carrot Mash 80
Roast Potatoes 80
Extra Fruit 60
Peanut Butter 30
Nutella 50

SALADS / POKE / BUDDHA BOWLS

Vibrant Fresh Salads, Buddha Bowls, Poke bowls, and Grains.

Classic Caesar Salad 240

Grilled chicken breast, lettuce, cherry tomatoes, boiled egg, shaved parmesan and Caesar dressing. Finished with croutons & black pepper. Add: Egg 20 • Chicken 60

Prawn Quinoa Salad 260

Local grilled prawns, fluffy quinoa, crisp lettuce, and creamy avocado salad, drizzled with our signature in-house dressing. Add: Prawns 80 •

Teriyaki Salmon Buddha Bowl 360

Teriyaki salmon, avocado, broccoli, tomatoes, red cabbage, edamame, cucumber, brown rice, chilli mayo. Add: Salmon 130

Burmese Tea Leaf Salad 160

Garlic, onion, chillies, carrots, tomatoes, lettuce, laphet (fermented tea leaf dressing) & traditional Burmese crunchy mix.



Falafel Buddha Bowl 300

Four falafel served with tahini sauce, quinoa, olives, avocado, red cabbage, edamame, cucumber & cherry tomatoes.



Chicken Quinoa Salad 220

Our signature grilled chicken with quinoa, lettuce & avocado salad with our in-house dressing. Add: Chicken 60

Salmon Poke Bowl 300

Salmon poke bowl with salmon, brown rice, seaweed, edamame, avocado, cucumber, pickled onion & ginger. Add: Salmon 100

Teriyaki Tofu Poke Bowl 260

Teriyaki tofu poke bowl with brown rice, seaweed, edamame, avocado, cucumber, pickled onion & ginger.

Teriyaki Chicken Buddha Bowl 320

Teriyaki Chicken, avocado, broccoli, cherry tomatoes, cabbage, edamame, cucumber, brown rice, chilli mayo. Add: Chicken 80

BURGERS, MAINS & PASTAS

Substantial mains, burgers, pastas and chef's favorites.

Wagyu Angus Burger 340

100% Wagyu beef burger, freshly baked bun, paprika mayo sauce, cheddar cheese, onion, lettuce, tomato, pickles and a side of fries. Add Sweet Potato fries 20 • Egg 20 • Bacon 80

Grilled Chicken Burger 300

Chicken breast served in a freshly baked bun with paprika mayo, lettuce, tomato, onion and a side of fries. Add Sweet Potato fries 20 • Egg 20 • Cheese 50 • Bacon 80

Falafel Burger 280

Home-made falafel burger served in a freshly baked bun with lettuce, tomato, onion and a side of fries. Add: Sweet Potato fries: 20

Hub Vegan Burger 280

Plant-based vegan burger in a freshly baked bun with lettuce, tomato, onion & side of fries. Add: Sweet Potato fries 20

Grilled Chicken Plate 300

Grilled Chicken served with carrot and potato mash, asparagus, broccoli, courgettes, and peppers. Add Grilled Chicken: 150

Grilled Salmon Plate 390

Grilled Salmon served with carrot & potato mash, asparagus, broccoli, courgettes, and peppers. Add Salmon: 250

Spaghetti Chicken Arrabiata 280

Chicken pasta tossed with spaghetti in our homemade tomato sauce with a slight tint of spice and topped with parmesan cheese.

Spaghetti Seafood 340

Mix of prawns, clams, mussels all tossed together with spaghetti in homemade tomato sauce topped with parmesan cheese

Chicken Pasta Pesto 260

Chicken breast, penne pasta, black olives, broccoli, asparagus, tomato, homemade & pesto, topped with parmesan cheese.

SUPER CLEAN EATING

Choose Your Carbs

Rice-berry: +120 kcal +25g C +2g P +0g F | Brown Rice: +125 kcal +26g C +3g P +1g F | Quinoa: +125 kcal +22g C +4g P +2g F

Grilled Salmon Bowl 340

150 g grilled salmon served with 250g of steamed vegetables (steamed broccoli, spinach, asparagus and pumpkin).

Macros (no carb): 395 kcal | 38g Protein | 8g Carbs | 22g Fat

Grilled Chicken Bowl 240

200 g grilled chicken breast with 250g of steamed vegetables (steamed broccoli, spinach, asparagus and pumpkin).

Macros (no carb): 270 kcal | 50g Protein | 8g Carbs | 8g Fat

Egg Power Bowl 200

3 boiled eggs (≈150 g) with 250g of steamed vegetables (steamed broccoli, spinach, asparagus and pumpkin).

Macros (no carb): 260 kcal | 23g Protein | 10g Carbs | 15g Fat

THE HUB

CAFE & EATERY